

4 GENERATIONS OF

BAKERS

BRED

TO

BREAD



INNOVATIVE BAKING FOR THE FOODSERVICE INDUSTRY

PRODUCT CATALOG



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4 GENERATIONS OF BROOKLYN BAKING EXCELLENCE

Founded in Brooklyn in 1930, Damascus Bakeries is a 4th generation bakery “still baking bread the way that our grandfather did.” Authenticity is at the heart of our brand promise. We use old world recipes and a natural leavening process to preserve our tradition of great flavor and quality, while also embracing the innovative spirit of true Brooklynites.



WHAT MAKES DAMASCUS DIFFERENT?

Our Breads are 100% Naturally Fermented

Natural fermentation delivers amazing flavor and fantastic texture. Whether you're looking for a pizza crust with the right crisp, or focaccia that's cavernous and pillowy, we allow our breads to rise naturally for up to 24 hours to create the perfect, tasty bite.

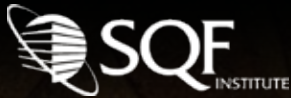
Baking with advanced customization capabilities

Our baking champions art and innovation to deliver old world excellence that meets modern consumer and customization needs. We can bake almost anything, hence one of our favorite mottos: 'Our Bred, Your Imagination'. We seize every opportunity to build our customers the unique solutions they crave.

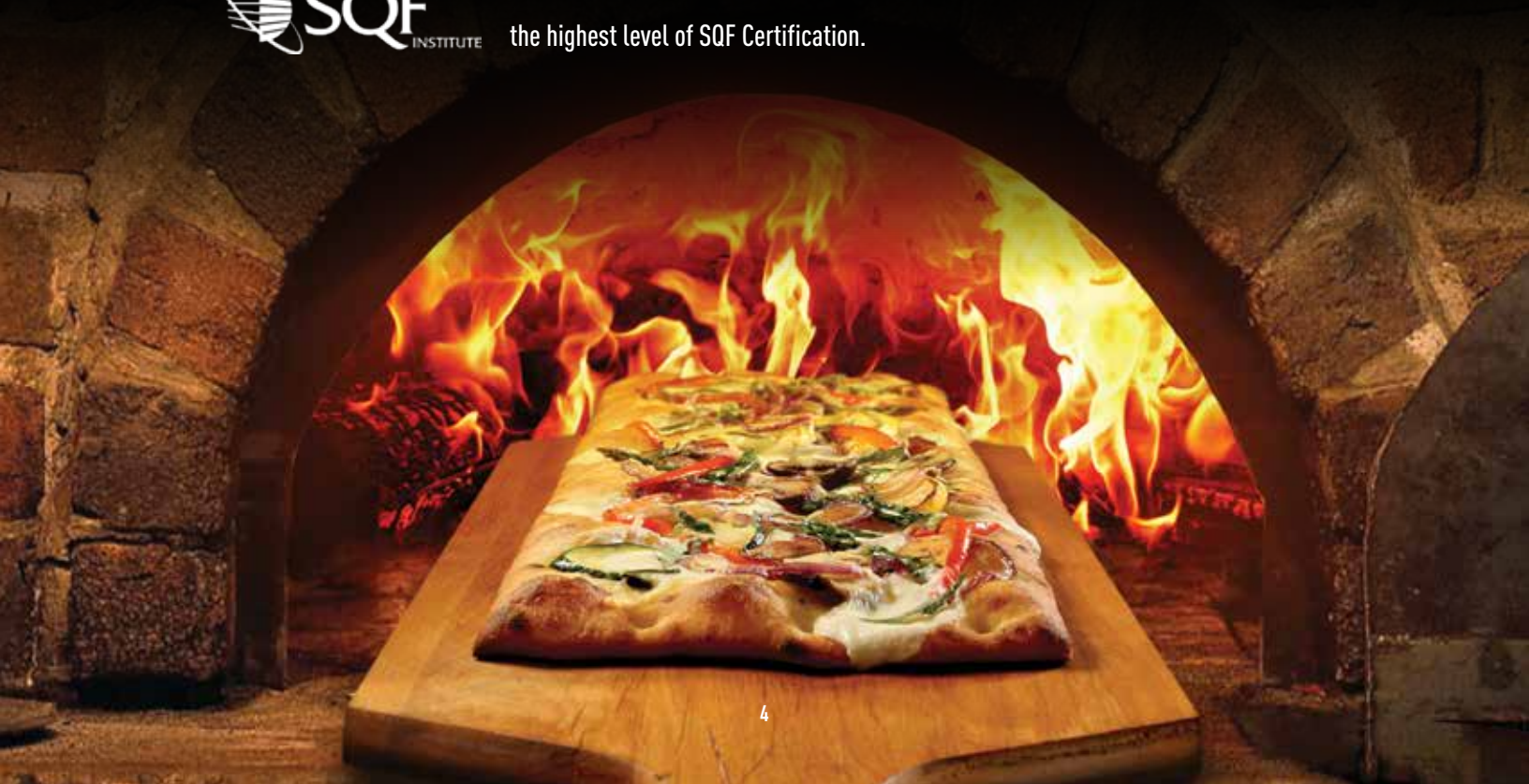
Our Commitment to High Quality, Clean Ingredients

Damascus prides itself in using only clean and wholesome ingredients to create the most delicious, feel-good breads available. From specialty '00' pizza flour for the lightest texture and optimal, crispy bite, to avoiding artificial preservatives, flavors or colors, we make bread with real ingredients that we are proud to serve to our own families.

Highest Level SQF Certification



Damascus Bakeries maintains
the highest level of SQF Certification.



A HISTORY OF DAMASCUS BAKERY

1930s

- Once upon a time, our grandfather, Hassan, opened a storefront bakery on Atlantic Avenue, Brooklyn. He would call it Damascus Bakery, in homage to his home country, Syria, where he first learned traditional Middle Eastern baking recipes.
- At this time Brooklyn was a borough of many proud immigrants building neighborhoods. It was also the time of the Great Depression and Prohibition. Hassan would work night and day to bake his warm and delicious old world pitas, lavash and flatbreads for his new-found Brooklyn neighbors, and would very quickly become the "King of the Avenue" who always found the time to break bread with all.
- Good times, bad times, Hassan was living the American Dream: He got married, started a family of four children- including Leila, our mother- and would even buy a little "castle" just a few blocks from the bakery.



1940s

- Leila would grow up loving the time she would spend with her father, whether at the bakery where she would routinely serve customers, at home, on the boardwalk at Coney Island, or, even at Ebbets Field, where they would root for their Brooklyn Dodgers- ALL Dodgers- and especially for the history those Dodgers would make in the 40's.

1950s

- Leila, now a lovely, young princess, all dolled up, would be swept off her feet by the other most important man in her life, Tony, her prince charming and future soulmate. Leila and Tony would marry, bake bread together, and in the early 60's they would make four children of their own- us!

1960s

- Our father, Anthony (Tony) Mafoud, and our uncle, Henry Halaby, introduced our Pitas, Lavash and other traditional baked goods made with Old-Fashioned Excellence to the other boroughs of New York, as well as to other cities in America.

1970s

- Tony, who had growing appetites to feed at home, envisioned a plan to expand, boldly projecting that "If man can take one small step onto the Moon, the bakery can take a few giant leaps outside of Brooklyn".

1980s

- The growth of our products, markets and brand flourished. For Leila and Tony, the growing recognition, and celebration, of our bakery was a dream come true; of course, even that bakery dream was second to their dream to attend the college graduation of each of their four children (which we made sure that they did.)

1990s

- Leila left us too soon, too young.
- Third generation bakers, Edward and David Mafoud, began the Innovative Baking of traditional flatbreads, such as Lavash and Pita, into Artisan Wraps, Roll-Ups and Panini breads. Our products now sell in all fifty states, and even other countries.

2000s

- Tony would pass ten broken-hearted years later.

2010s

- The 3rd generation, is the generation that statistically is the "doom" for any storied family business, right? Don't write us off just yet! We're all about the family business: "Baking a Difference" is still the mission; "Innovative Baking, Old Fashioned Excellence", forever the secret recipe.

2020s

- TODAY, WE ARE VERY PROUD TO SAY THAT DAMASCUS BAKERIES IS BAKING A DIFFERENCE IN MANY LIVES! As for the 4th generation (or G4 as they call themselves), it seems that they have some ideas of their own- a family trait perhaps. We're betting that they will continue this hearth-warming and 'against-the-odds' success story that started almost a century ago. After all, it's in their DNA, as it will be for G5, G6, and many more. There are no limits to our future- and fate- as a bakery, so long as we understand who WE are, and, who YOU are.



Lavash

Our lavash wraps have unique strength, flexibility and flavor to perfectly pair with any sandwich rollup you can imagine! We use a proprietary mixing process and natural fibers so you can bend, fold and roll without worrying about tearing or breaking.



Large Plain Lavash

16"x 12" MFG # 51210-1612-0312



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
51210-1612-0312	Large Plain Lavash	16 x 12	3	12	7 x 13	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains less than 2% of: Sugar, Wheat Gluten, Salt, Canola Oil, Yeast, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Enzymes, Fumaric Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame, and Milk.



Nutrition Facts

12 servings per container
Serving Size 1 Lavash (187g)

Amount per serving
Calories 530

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 940mg	41%
Total Carbohydrate 105g	38%
Dietary Fiber 4g	14%
Total Sugars 6g	
Includes 4g Added Sugars	8%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 59mg	4%
Iron 7mg	40%
Potassium 47mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Plain Lavash with Increased Pliability

12"x 12" MFG # 56109-1212-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
56109-1212-0612	Plain Lavash with Increased Pliability	12 x 12	6	12	4 x 12	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, 2% or less of: Wheat Gluten, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Salt, Canola Oil, Sunflower Oil, Cellulose Gum, Enzymes, Yeast.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame, and Milk.



Nutrition Facts

12 servings per container

Serving Size 1 Lavash (145g)

Amount per serving

Calories **380**

% Daily Value*

Total Fat 4g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 720mg **31%**

Total Carbohydrate 73g **27%**

Dietary Fiber 2g **7%**

Total Sugars 6g

Includes 5g Added Sugars **10%**

Protein 13g

Vitamin D 0mcg **0%**

Calcium 63mg **4%**

Iron 5mg **30%**

Potassium 27mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Round Whole Wheat Lavash with Increased Pliability

11.25" MFG # 59209-11-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
59209-11-0612	Round Whole Wheat Lavash with Increased Pliability	11.25	6	12	5 x 15	28 days	1 Year

Ingredient Statement:

Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, 2% or less of: Honey, Sugar, Salt, Canola Oil, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Yeast, Cellulose Gum, Sunflower Oil, Enzymes, Ascorbic Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame, and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

12 servings per container
Serving Size 1 Lavash (86g)

Amount per serving
Calories 210

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 41g	15%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 8g	

Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 2mg	10%
Potassium 121mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Wheat Lavash with Increased Pliability

7"x 9" MFG # 59209-0907-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
59209-0907-0612	Wheat Lavash with Increased Pliability	7 x 9	6	12	8 x 18	28 days	1 Year

Ingredient Statement:

Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Natural Wrap Base (Wheat Gluten, Corn Starch, Oat Fiber, Soy Protein Isolate, Soybean Oil, Defatted Soy Flour, Sesame Flour, 2% or less of: Whole Wheat Flour, Dextrose), Wheat Gluten, Canola Oil, Sugar, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Honey, Salt, Yeast, Ascorbic Acid, Enzymes.

Allergen Information:

Contains: Wheat, Soy and Sesame. Produced in a facility that has: Milk.



Nutrition Facts

12 servings per container
Serving Size 1 Lavash (60g)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 25g	9%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 1g Added Sugars	2%

Protein 8g	
Vitamin D 0mcg	0%
Calcium 18mg	2%
Iron 2mg	10%
Potassium 92mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Round Flax Lavash

11.5" MFG # 53409-12-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
53409-12-0612	Round Flax Lavash	11.5	6	12	5 x 15	28 days	1 Year

Ingredient Statement:

Water, Bread Base (Wheat Gluten, Corn Starch, Oat Fiber, Soy Protein Isolate, Soybean Oil, Defatted Soy Flour, Salt, Sesame Flour, Whole Wheat Flour, Calcium Propionate (Mold Inhibitor), Potassium Sorbate, Mono-Diglycerides, Sucralose, Dextrose, L-Cysteine), Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Flax Flour, Contains less than 2% of: Ascorbic Acid, Calcium Propionate (Mold Inhibitor), Canola Oil, Fumaric Acid, L-Cysteine, Yeast, Cellulose Gum, Sunflower Oil, Enzymes.

Allergen Information:

Contains: Wheat, Soy and Sesame. Produced in a facility that has: Milk.



Nutrition Facts

12 servings per container
Serving Size 1 Lavash (97g)

Amount per serving
Calories 220

% Daily Value*

Total Fat 8g 10%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 690mg 30%

Total Carbohydrate 30g 11%

Dietary Fiber 15g 54%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 20g

Vitamin D 0mcg 0%

Calcium 125mg 10%

Iron 3mg 15%

Potassium 66mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Tahini Lavash with Increased Pliability

12" MFG # 56409-12-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
56409-12-0612	Tahini Lavash with Increased Pliability	12	6	12	5 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Natural Wrap Base (Wheat Gluten, Corn Starch, Oat Fiber, Soy Protein Isolate, Soybean Oil, Defatted Soy Flour, Sesame Flour, 2% or less of: Whole Wheat Flour, Dextrose), Sesame Flour, Olive Oil, Contains less than 2% of: Wheat Gluten, Salt, Sugar, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Sunflower Oil, Yeast, Hulled Sesame Seed, Enzymes, Ascorbic Acid.

Allergen Information:

Contains: Wheat, Soy and Sesame.



Nutrition Facts

12 servings per container

Serving Size 1 Lavash (105g)

Amount per serving

Calories **310**

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 640mg **28%**

Total Carbohydrate 49g **18%**

Dietary Fiber 5g **18%**

Total Sugars 3g

Includes 2g Added Sugars **4%**

Protein 14g

Vitamin D 0mcg **0%**

Calcium 49mg **4%**

Iron 3mg **15%**

Potassium 35mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Southwest Lavash with Increased Pliability

12"x 12" MFG # 58909-1212-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
58909-1212-0612	Southwest Lavash with Increased Pliability	12 x 12	6	12	4 x 12	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Chipotle Seasoning (Dehydrated Garlic and Onion, Spices [including Chipotle Chili Pepper], Sugar, Paprika, Citric Acid, Corn Syrup Solids, Orange Peel, Dehydrated Carrot, Natural Flavors, Lemon Juice, Dehydrated Parsley, less than 2% of: Soybean Oil), Red Bell Pepper, less than 2% of: Wheat Gluten, Sugar, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Salt, Canola Oil, Onion, Yeast, Cellulose Gum, Sunflower Oil, Enzymes, Ascorbic Acid.

Allergen Information:

Contains: Wheat and Soy.



Nutrition Facts

12 servings per container
Serving Size 1 Lavash (145g)

Amount per serving
Calories **370**

	% Daily Value*
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 690mg	30%
Total Carbohydrate 73g	27%
Dietary Fiber 4g	14%
Total Sugars 5g	
Includes 3g Added Sugars	6%

Protein 13g	
Vitamin D 0mcg	0%
Calcium 76mg	6%
Iron 5mg	30%
Potassium 123mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Pita & Panini

Following our grandfather's original pita recipe, we put our heart and soul into each batch and use only wholesome, healthy grains that are naturally lower in carbs. Our legacy old-world recipe creates delicious bread that is naturally fermented.



Pita & Panini

Flax & Chia Pocket Pita

6" MFG # 13006-12



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
13006-12	Flax & Chia Pocket Pita	6	12	4	11 x 10	28 days	1 Year

Ingredient Statement:

Water, Natural Bread Base (Wheat Gluten, Corn Starch, Oat Fiber, Soy Protein Isolate, Soybean Oil, Defatted Soy Flour, Sesame Seed Flour, Whole Wheat Flour, Dextrose, Monoglycerides), Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Flax Flour, Chia Seed, Less than 2% of: Yeast, Wheat Gluten, Raw Sugar, Sea Salt, Natural Mold Inhibitors: Cultured Wheat Starch, Cultured Corn Syrup, Fumaric Acid.

Allergen Information:

Contains: Wheat, Soy and Sesame. Produced in a facility that has Egg, Peanut, Tree Nut and Milk products.



Nutrition Facts

4 servings per container
Serving Size 1 Pita approx. 2oz. (57g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 19g	7%
Dietary Fiber 7g	25%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 145mg	10%
Iron 1mg	6%
Potassium 74mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Plain Pocket Pita

6" MFG # 10518-06-1206



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
10518-06-1206	Plain Pocket Pita	6	12	6	7 x 12	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains less than 2% of: Wheat Gluten, Salt, Yeast, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Sugar, Vinegar, Enzymes, Ascorbic Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has Soy, Sesame, Egg, Peanut, Tree Nut, and Dairy products.



Nutrition Facts

6 servings per container

Serving Size 1 Pita (62g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 310mg 13%

Total Carbohydrate 33g 12%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 6g

Vitamin D 0mcg 0%

Calcium 23mg 2%

Iron 2mg 10%

Potassium 6mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Plain Thick Pocket Pita

6.25" MFG # 12426-06-0808



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
12426-06-0808	Plain Thick Pocket Pita	6.25	8	8	4 x 14	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains less than 2% of: Wheat Gluten, Salt, Yeast, Olive Oil, Raw Sugar, Enzymes, Ascorbic Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

8 servings per container

Serving Size 1 Pita (83g)

Amount per serving

Calories **220**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 590mg **26%**

Total Carbohydrate 44g **16%**

Dietary Fiber 2g **7%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 8g

Vitamin D 0mcg **0%**

Calcium 14mg **2%**

Iron 3mg **15%**

Potassium 8mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Oval Sprouted Grains Pocketless Pita

8.5"x 9.5" MFG # 0-77218-0809-1206



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
0-77218-0809-1206	Oval Sprouted Grains Pocketless Pita	8.5 x 9.5	12	6	4 x 8	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Living Grains Mix (Sprouted Hard Red Wheat Berries, Sprouted Alfalfa, Sprouted Brown Flax, Sprouted Clover, Sprouted Lentils, Sprouted Millet, Sprouted Peas, Sprouted Spelt, Sprouted Yellow Corn), Non-GMO Flatbread Base (Wheat Gluten, Modified Wheat Starch, Oat Fiber, Wheat Protein Isolate, Sunflower Oil, Whole Wheat Flour, Sea Salt, 2% or less of: Calcium Sulfate, Enzymes), Olive Oil, Contains less than 2% of: Raw Sugar, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Wheat Gluten, Yeast, Sea Salt, Sunflower Oil, Sodium Bicarbonate, Calcium Sulfate, Enzymes, Fumaric Acid, Ascorbic Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

6 servings per container

Serving Size 1 Flatbread (120g)

Amount per serving

Calories 320

% Daily Value*

Total Fat 6g 8%

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 700mg 30%

Total Carbohydrate 53g 19%

Dietary Fiber 6g **21%**

Total Sugars 3g

Includes 2g Added Sugars **4%**

Protein 13g

Vitamin D 0mcg **0%**

Calcium 112mg **8%**

Iron 3mg **15%**

Potassium 88mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Pita & Panini

Plain Panini

7"x 7" MFG # 72017-0707-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
72017-0707-0612	Plain Panini	7 x 7	6	12	4 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Non-GMO Flatbread Base (Wheat Gluten, Modified Wheat Starch, Oat Fiber, Wheat Protein Isolate, Sunflower Oil, Whole Wheat Flour, Sea Salt, 2% or less of: Calcium Sulfate, Enzymes), Contains 2% or less of: Raw Sugar, Natural Mold Inhibitors (Cultured Wheat Flour, Vinegar), Yeast, Sunflower Oil, Sea Salt, Olive Oil, Sodium Bicarbonate, Calcium Sulfate, Ascorbic Acid, Enzymes, Fumaric Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

12 servings per container

Serving Size 1 Flatbread (92g)

Amount per serving

Calories **230**

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 570mg **25%**

Total Carbohydrate 42g **15%**

Dietary Fiber 4g **14%**

Total Sugars 3g

Includes 2g Added Sugars **4%**

Protein 9g

Vitamin D 0mcg **0%**

Calcium 93mg **8%**

Iron 3mg **15%**

Potassium 37mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Pita & Panini

Round Plain Pocketless Pita

7" MFG # 72017-07-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
72017-07-0612	Round Plain Pocketless Pita	7	6	12	4 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Non-GMO Flatbread Base (Wheat Gluten, Modified Wheat Starch, Oat Fiber, Wheat Protein Isolate, Sunflower Oil, Whole Wheat Flour, Sea Salt, 2% or less of: Calcium Sulfate, Enzymes), Contains 2% or less of: Raw Sugar, Natural Mold Inhibitors (Cultured Wheat Flour, Vinegar), Yeast, Sunflower Oil, Sea Salt, Olive Oil, Sodium Bicarbonate, Calcium Sulfate, Ascorbic Acid, Enzymes, Fumaric Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

12 servings per container

Serving Size 1 Flatbread (76g)

Amount per serving

Calories **200**

% Daily Value*

Total Fat 3g **4%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 480mg **21%**

Total Carbohydrate 36g **13%**

Dietary Fiber 3g **11%**

Total Sugars 2g

Includes 1g Added Sugars **2%**

Protein 8g

Vitamin D 0mcg **0%**

Calcium 80mg **6%**

Iron 2mg **10%**

Potassium 32mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

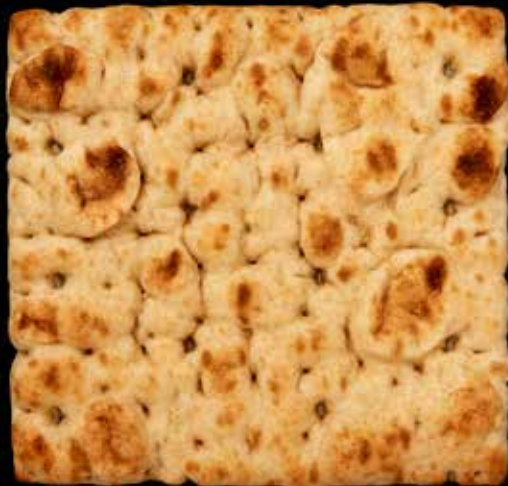
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

51% Whole Wheat Flatbread – Reduced Sodium

5.75" x 5.75" MFG # 70518-0606-0812



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
70518-0606-0812	51% Whole Wheat Flatbread – Reduced Sodium	5.75 x 5.75	8	12	4 x 11	28 days	1 Year

Ingredient Statement:

Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Canola Oil, Contains less than 2% of: Raw Sugar, Yeast, Sea Salt, Guar Gum, Sunflower Oil, Enzymes, Sodium Bicarbonate, Vinegar, Calcium Sulfate, Ascorbic Acid, Enzymes, Salt, Calcium Propionate.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

12 servings per container

Serving Size 1 Flatbread (62g)

Amount per serving

Calories **160**

% Daily Value*

Total Fat 2.5g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **9%**

Total Carbohydrate 30g **11%**

Dietary Fiber 3g **11%**

Total Sugars 2g

Includes 1g Added Sugars **2%**

Protein 7g

Vitamin D 0mcg **0%**

Calcium 44mg **4%**

Iron 2mg **10%**

Potassium 106mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Traditional Naan

9"x 7.25" MFG # T-74022-0709-0606



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
T-74022-0709-0606	Traditional Naan	7.25 x 9.25	6	6	6 x 14	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains 2% or less of: Wheat Gluten, Raw Sugar, Sunflower Oil, Sea Salt, Natural Butter Flavor, Sugar, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Wheat Flour, Rowan Berry Fruit Extract, Tapioca Flour), Yeast, Buttermilk, Ghee (Clarified Butter), Monoglycerides, Guar Gum, Enzymes, Sodium Bicarbonate, Fumaric Acid.

Allergen Information:

Contains Wheat, Milk. Produced in a facility that has: Soy and Sesame.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

6 servings per container

Serving Size 1 Naan (120g)

Amount per serving

Calories **330**

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 790mg **34%**

Total Carbohydrate 63g **23%**

Dietary Fiber 2g **7%**

Total Sugars 5g

Includes 4g Added Sugars **8%**

Protein 11g

Vitamin D 0mcg **0%**

Calcium 362mg **30%**

Iron 4mg **20%**

Potassium 28mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Pizza Crust

Made with specialty '00' Pizza Flour, and baked to perfection, our crusts range from super thin to as thick as needed. The secret is in our fermentation and baking process, so that each bite is crisp and delicious.



Pizza Crust

Plain Extra Thin Pizza Crust - Perforated

8"x 18", 4" x 18" Perforated MFG # P-55208-0818-0512



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
P-55208-0818-0512	Plain Extra Thin Pizza Crust - Perforated	8 x 18, 4 x 18 Perforated	5	12	7 x 10	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Olive Oil, Salt, Canola Oil, Yeast, Calcium Propionate (Mold Inhibitor), L-Cysteine.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

24 servings per container

Serving Size 1 Perf. Piece (60g)

Amount per serving

Calories 180

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 310mg 13%

Total Carbohydrate 34g 12%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 1g Added Sugars 2%

Protein 5g

Vitamin D 0mcg 0%

Calcium 38mg 2%

Iron 2mg 0%

Potassium 1mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Pizza Crust

Neapolitan Style 100% "00" Pizza Flour Crust

12"x 5" MFG # 80014-1205-0412



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
80014-1205-0412	Neapolitan Style 100% "00" Pizza Flour Crust	12 x 5	4	12	5 x 15	28 days	1 Year

Ingredient Statement:

Wheat Flour, Water, Contains less than 2% of: Yeast, Salt, Extra Virgin Olive Oil, Canola Oil, Sugar, Wheat Gluten, Semolina Flour, Vinegar, Ground Millet, Natural Yeast Flavor.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

12 servings per container
Serving Size 1 Crust (86g)

Amount per serving
Calories 210

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 490mg	21%
Total Carbohydrate 41g	15%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0mg	0%
Potassium 68mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Pizza Crust

Oval Traditional Pizza Crust

8"x 9" MFG # 0-80522-0809-0404



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
0-80522-0809-0404	Oval Traditional Pizza Crust	8 x 9	4	4	7 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, "00" Flour, Contains 2% or less of: Salt, Olive Oil, Yeast, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Canola Oil, Sugar, Semolina Flour, Millet Flour, Raw Sugar, Sea Salt, Natural Flavor, Wheat Gluten, Calcium Sulfate, Ascorbic Acid, Enzymes.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

4 servings per container
Serving Size 1 Crust (130g)

Amount per serving
Calories 350

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 740mg	32%
Total Carbohydrate 64g	23%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 11g	
Vitamin D 1mcg	6%
Calcium 181mg	15%
Iron 3mg	15%
Potassium 46mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Pizza Crust

Traditional Pizza Crust

16"x 6" MFG # 80522-1606-0208



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
80522-1606-0208	Traditional Pizza Crust	16 x 6	4	4	7 x 14	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, "00" Flour, Contains 2% or less of: Salt, Olive Oil, Yeast, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Canola Oil, Sugar, Semolina Flour, Millet Flour, Raw Sugar, Sea Salt, Natural Flavor, Wheat Gluten, Calcium Sulfate, Ascorbic Acid, Enzymes.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

4 servings per container

Serving Size 1 Crust (226g)

Amount per serving

Calories **600**

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 1290mg **56%**

Total Carbohydrate 111g **40%**

Dietary Fiber 4g **14%**

Total Sugars 3g

Includes 1g Added Sugars **2%**

Protein 19g

Vitamin D 1mcg **0%**

Calcium 315mg **25%**

Iron 6mg **35%**

Potassium 80mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Pizza Crust

Par-Baked Pizza Crust

7.25"x 15.5" MFG # 80432-0715-0603



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
80432-0715-0603	Plain Par-Baked Pizza Crust	7.25 x 15.5	6	3	4 x 15	28 days	1 Year

Ingredient Statement:

Water, "00" Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), less than 2% of: Salt, Canola Oil, Olive Oil, Yeast, Sugar, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Ascorbic Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame, and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

12 servings per container

Serving Size 1/4 Flatbread (94g)

Amount per serving

Calories 230

% Daily Value*

Total Fat 3g 4%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 560mg 24%

Total Carbohydrate 44g 16%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 1g Added Sugars 2%

Protein 7g

Vitamin D 0mcg 0%

Calcium 35mg 2%

Iron 2mg 10%

Potassium 57mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Pizza Crust

Multigrain Par-Baked Pizza Crust

7.25"x 15.5" MFG # 86032-0715-0603



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
86032-0715-0603	Multigrain Par-Baked Pizza Crust	7.25 x 15.5	6	3	4 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Multigrain Mix (Rye Flakes, Rolled Wheat, Rolled Oats, Millet, Flax Seed, Sesame Seed), Raw Sugar, Contains less than 2% of: Olive Oil, Salt, Yeast, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Canola Oil, Ascorbic Acid.

Allergen Information:

Contains: Wheat and Sesame. Produced in a facility that has: Soy and Milk.



Nutrition Facts

12 servings per container

Serving Size **1/4 Flatbread (94g)**

Amount per serving

Calories 270

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 620mg **27%**

Total Carbohydrate 49g **18%**

Dietary Fiber 2g **7%**

Total Sugars 4g

Includes 3g Added Sugars **6%**

Protein 9g

Vitamin D 0mcg **0%**

Calcium 43mg **4%**

Iron 3mg **15%**

Potassium 46mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Pizza Crust

Sicilian Thick Crust

11.25"x 7.25" MFG # 80636-0711-0602



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
80636-0711-0602	Sicilian Thick Crust	11.25 x 7.25	6	2	7 x 10	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Extra Virgin Olive Oil, Wheat Gluten, Contains less than 2% of: Yeast, Natural Mold Inhibitor (Cultured Wheat Starch), Sugar, Sea Salt, Sunflower Oil, Vinegar, Fumaric Acid, Ascorbic Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

2 servings per container

Serving Size 1 Crust (305g)

Amount per serving

Calories **840**

% Daily Value*

Total Fat 20g **26%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 1480mg **64%**

Total Carbohydrate 141g **51%**

Dietary Fiber 5g **18%**

Total Sugars 7g

Includes 4g Added Sugars **8%**

Protein 27g

Vitamin D 2mcg **10%**

Calcium 538mg **40%**

Iron 10mg **60%**

Potassium 60mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Pizza Crust

Racetrack Oval Sprouted Grain Thin Crust

6.75"x 12.5" MFG # R-87214-0612-0806



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
R-87214-0612-0806	Racetrack Oval Sprouted Grain Thin Crust	6.75 x 12.5	8	6	4 x 14	28 days	1 Year

Ingredient Statement:

Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), "00" Wheat Flour, Sprouted Wheat, Extra Virgin Olive Oil, Contains less than 2% of: Grain Mix (Alfalfa, Brown Flax, Clover, Lentils, Millet, Peas, Spelt, Yellow Corn), Wheat Gluten, Yeast, Sea Salt, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Wheat Flour, Cultured Sugar), Raw Sugar, Sunflower Oil, Semolina Flour, Millet Flour, Natural Flavor, Vinegar, Enzymes, Ascorbic Acid.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

6 servings per container
Serving Size 1 Crust (118g)

Amount per serving
Calories 290

% Daily Value*

Total Fat 6g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 720mg 31%

Total Carbohydrate 53g 19%

Dietary Fiber 3g 11%

Total Sugars 2g

Includes 2g Added Sugars 4%

Protein 10g

Vitamin D 1mcg 6%

Calcium 232mg 20%

Iron 2mg 10%

Potassium 84mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Bistro Buns

Creating the perfect sandwich requires great bread, and our delicious potato buns, focaccia, sliders and more come in all shapes, sizes and flavors to be just the right complement.



Thin Potato Bun - Perforated, Unsliced

7" x 3.5", 3.5" x 3.5" Perforated MFG # P-66020-0703-0620



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
P-66020-0703-0620	Thin Potato Bun - Perforated, Unsliced	7 x 3.5, 3.5 x 3.5 Perforated	6	20	4 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Potato Flour, Canola Oil, Raw Sugar, Contains 2% or less of: Wheat Gluten, Yeast, Sea Salt, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Wheat Flour, Cultured Sugar), Monoglycerides, Vinegar, Sodium Bicarbonate, Enzymes, Calcium Sulfate, Ascorbic Acid, Sodium Acid Pyrophosphate.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

40 servings per container

Serving Size 1 Perforated Bun (26g)

Amount per serving
Calories **70**

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 1mg	6%
Potassium 35mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Thin Potato Bun - Unsliced

12"x 2.4" MFG # 66020-1202-0420



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
66020-1202-0420	Thin Potato Bun - Unsliced	12 x 2.4	4	20	5 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Potato Flour, Canola Oil, Raw Sugar, Contains 2% or less of: Wheat Gluten, Yeast, Sea Salt, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Wheat Flour, Cultured Sugar), Monoglycerides, Vinegar, Sodium Bicarbonate, Enzymes, Calcium Sulfate, Ascorbic Acid, Sodium Acid Pyrophosphate.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

20 servings per container

Serving Size 1 Bun (61g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 2.5g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 360mg 16%

Total Carbohydrate 31g 11%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 2g Added Sugars 4%

Protein 5g

Vitamin D 0mcg 0%

Calcium 79mg 6%

Iron 2mg 10%

Potassium 86mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

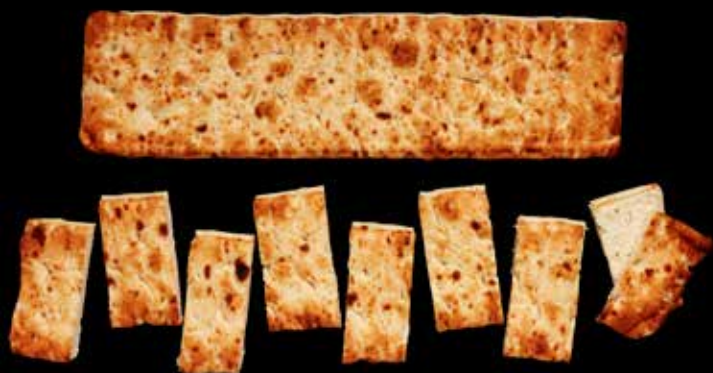


* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Bistro Buns

Bistro Potato Loaf - Marked, Sliced

20"x 5", Marked every 2.5" MFG # M8-SL-66032-2005-0206



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
M8-SL-66032-2005-0206	Bistro Potato Loaf - Marked, Sliced	20 x 5, Marked every 2.5	2	6	5 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Potato Flour, Canola Oil, Raw Sugar, Contains 2% or less of: Wheat Gluten, Yeast, Sea Salt, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Wheat Flour, Cultured Sugar), Monoglycerides, Vinegar, Sodium Bicarbonate, Enzymes, Calcium Sulfate, Ascorbic Acid, Sodium Acid Pyrophosphate.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

12 servings per container
Serving Size 1/2 Bun (170g)

Amount per serving
Calories 450

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 970mg	42%
Total Carbohydrate 83g	30%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 5g Added Sugars	10%

Protein 15g	
Vitamin D 1mcg	6%
Calcium 214mg	15%
Iron 5mg	30%
Potassium 233mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

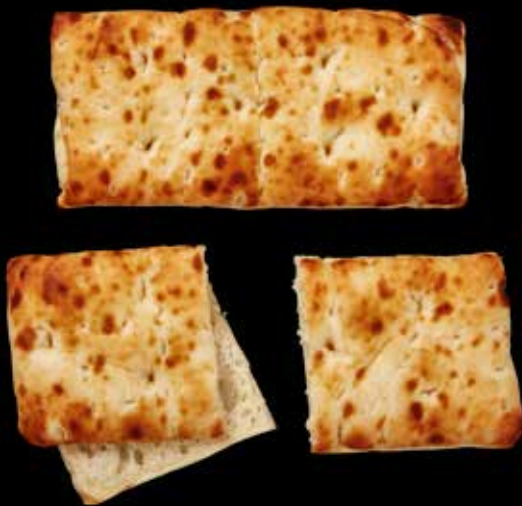


* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Bistro Buns

Bistro Potato Bun - Perforated, Sliced

7" x 3.5", 3.5" x 3.5" Perforated MFG # P-SL-66032-0703-0612



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
P-SL-66032-0703-0612	Bistro Potato Bun - Perforated, Sliced	7 x 3.5, 3.5 x 3.5 Perforated	6	12	4 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Potato Flour, Canola Oil, Raw Sugar, Contains 2% or less of: Wheat Gluten, Yeast, Sea Salt, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Wheat Flour, Cultured Sugar), Monoglycerides, Vinegar, Sodium Bicarbonate, Enzymes, Calcium Sulfate, Ascorbic Acid, Sodium Acid Pyrophosphate.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

24 servings per container

Serving Size 1 Perforated Bun (42g)

Amount per serving

Calories **110**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 240mg **10%**

Total Carbohydrate 20g **7%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 1g Added Sugars **2%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 53mg **4%**

Iron 1mg **6%**

Potassium 58mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

51% Whole Wheat Butter Bun - Sliced

4"x 4" MFG # SL-61232-0404-0412



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
SL-61232-0404-0412	51% Whole Wheat Butter Bun - Sliced	4 x 4	4	12	7 x 15	28 days	1 Year

Ingredient Statement:

Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Contains less than 2% of: Canola Oil, Yeast, Salt, Wheat Gluten, Natural Butter Flavor, Natural Mold Inhibitor: (Cultured Wheat Flour, Vinegar), Sodium Bicarbonate, Fumaric Acid, Enzymes.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

12 servings per container
Serving Size 1 Bun 2.1oz. (60g)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	16%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 23mg	2%
Iron 2mg	10%
Potassium 82mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Bistro Buns

Sprouted Grains Bistro Slider Bun - Perforated, Sliced

5"x2.5", 2.5" x 2.5" Perforated MFG # P-SL-67242-0502-0808



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
P-SL-67242-0502-0808	Sprouted Grains Bistro Slider Bun - Perforated, Sliced	5 x 2.5, 2.5 x 2.5 Perforated	8	8	5 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sprouts Flour (Sprouted Wheat, Sprouted Corn, Sprouted Spelt, Sprouted Millet, Sprouted Flaxseed, Sprouted Alfalfa, Sprouted Pink Clover, Sprouted Pea, Sprouted Lentil), Whole Wheat Flour, Non-GMO Sprouted Purple Corn, Sprouted Grain & Seed Blend (GMO free Sprouted Purple Corn, Organic Sprouted Sorghum, Organic Millet, Organic Brown Rice, Organic Chia, Organic Sprouted Quinoa, Organic Sprouted Amaranth, Organic Vinegar, Citric Acid), Canola Oil, Contains less than 2% of: Yeast, Raw Sugar, Sea Salt, Natural Mold Inhibitor (Cultured Wheat Flour, Vinegar), Monoglycerides, Sodium Bicarbonate, Calcium Sulfate, Sodium Acid Pyrophosphate, Ascorbic Acid, Enzymes.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

8 servings per container
Serving Size 1 2.5" x 5" Bun approx.
1.9 oz (54g)

Amount per serving
Calories **130**

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Total Carbohydrate 25g	9%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 21mg	2%
Iron 1mg	6%
Potassium 26mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Bistro Slider Potato Bun - Perforated, Sliced

10"x 2.5", 2.5" x 2.5" Perforated MFG # P4-SL-65042-1002-0408



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
P4-SL-65042-1002-0408	Bistro Slider Potato Bun - Perforated, Sliced	10 x 2.5, 2.5 x 2.5 Perforated	4	8	5 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Potato Flour, Canola Oil, Raw Sugar, Contains less than 2% of: Yeast, Sea Salt, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Sugar, Vinegar), Sodium Bicarbonate, Calcium Sulfate, Sodium Acid Pyrophosphate, Ascorbic Acid, Enzymes.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

Nutrition Facts

32 servings per container

Serving Size 1 Bun approx. 1oz.
(27g)

Amount per serving

Calories **70**

% Daily Value*

Total Fat 1g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 150mg **7%**

Total Carbohydrate 13g **5%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes <1g Added Sugars **1%**

Protein 2g

Vitamin D 0mcg **0%**

Calcium 35mg **2%**

Iron 1mg **6%**

Potassium 32mg **0%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Bistro Sandwich Potato Bun - Sliced

3.5"x 3.5" MFG # SL-65042-0303-0616



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHl	Lead Time	Shelf Life (Frozen)
SL-65042-0303-0616	Bistro Sandwich Potato Bun - Sliced	3.5 x 3.5	12	8	4 x 15	28 days	1 Year

Ingredient Statement:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Potato Flour, Raw Sugar, Canola Oil, Less than 2% of: Yeast, Wheat Gluten, Sea Salt, Natural Mold Inhibitors (Cultured Wheat Starch, Cultured Wheat Flour, Cultured Sugar), Vinegar, Sodium Bicarbonate, Calcium Sulfate, Sodium Acid Pyrophosphate, Ascorbic Acid, Enzymes.

Allergen Information:

Contains: Wheat. Produced in a facility that has: Soy, Sesame and Milk.



Nutrition Facts

8 servings per container
Serving Size 1 Bun (54g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugars	2%

Protein 4g	
Vitamin D 0mcg	0%
Calcium 64mg	4%
Iron 2mg	10%
Potassium 72mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



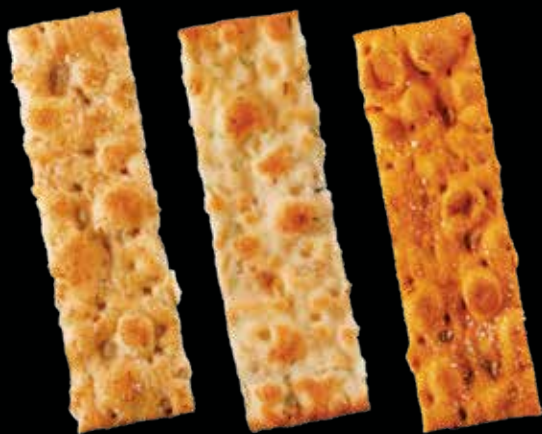
* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

New Concepts

Innovation is a way of life at Damascus Bakeries, and with our new state-of-the-art bakery in Clifton, NJ, we experiment with new baking techniques weekly. We have great ambition to create delightful new baked goods for our customers and consumers to love. Feel free to ask us what we're working on today.



Pizza Crust Crisps



MFG #	Product Name	Size* (Inches)	Pack (# Bags/Case)	Count (# Pieces/Bag)	TlxHI	Lead Time	Shelf Life (Frozen)
	Olive Oil & Sea Salt Pizza Crust Crisps						
	Rosemary & Onion Pizza Crust Crisps						
	Margherita Pizza Crust Crisps						

Coming Soon!



* Other sizes may currently be available, and custom sizes are available with minimum order quantities.

WE WORK HEALTHY

We bake in SQF certified and Clean Label certified facilities, upholding a tradition of clean baking environments and natural ingredients.

WE BAKE HEALTHY

We are Non-GMO and Non-PHO capable and only use the purest, highest quality ingredients. We use specialty, nutritious flours such as Flax, Khorasan and Sprouted Grains.

WE GROW HEALTHY

We partner with our suppliers, employees and community to continuously create value for our customers. Additionally, we are proud to have been awarded “Best Places to Work” in both Brooklyn and New Jersey.

THE RIGHT PARTNER FOR YOU

Whether you are looking to carry our products wholesale or want us to customize something baked especially for you, we are here to make it happen. We can customize to your size, shape, flavor, bite, and nutritional needs.

HOW CAN WE HELP GROW YOUR BUSINESS?

Please let us know! Contact us at salesteam@damascusbakery.com
For more information about our products, please visit damascusbakery.com



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